Heartfelt Dharma Aspiration Prayer for the Dzogchen Lineage Internship

Main Prayer

Namo Buddhaya, Namo Dharmaya, Namo Sanghaya
Namo Guru, Dewa, Dakiniya

For the benefit of all sentient beings;
for the true happiness of all beings;
for the sake of world peace;
for the preservation of the Dzogchen Lineage;
and especially to decrease my negative thinking, negative karma, negative conduct,
negative attitude, negative actions and suffering;
and to increase my positive thinking, positive karma, positive conduct,
positive attitude, positive actions and happiness;
I will joyfully practice this Heartfelt Dharma Aspiration prayer.

Namo Kind Root Master embodiment of all Buddhas
   Please grant us your blessings
Namo Buddhas, Dharmas and Sanghas of all directions
   Please grant us your blessings
Namo Gurus of the three Dzogchen Lineages
   Please grant us your blessings
Namo Dewas of the four precious Tantras
   Please grant us your blessings
Namo Dakinis of the three sacred realms
   Please grant us your blessings
Namo Bodhisattvas of all directions
   Please grant us your blessings
Namo Arhats of all directions
   Please grant us your blessings
Namo Dharmapalas of all directions
   Please grant us your blessings
Namo Lokapalas of all directions
   Please grant us your blessings

May Dzogchen Khenpo Choga Rinpoche have good health and long life.
May his aspirations be fulfilled and Dharma activities be successful.
May his students have the resources and time to practice Dharma.
May his students diligently learn, contemplate and meditate on Dharma.
May his students become Dzogchen Masters and benefit all sentient beings.
May his students preserve and perpetuate the Dzogchen Lineage in all universes.
May the Dzogchen Lineage Internship increase world peace and benefit all beings.
Through the sincerity of my good intentions, the immeasurable power of all Buddhas, the
holy truth of all Dharmas and the boundless merit of all Sanghas, may these virtuous
aspirations swiftly be fulfilled, swiftly be fulfilled, be fulfilled, fulfilled.
Heartfelt Dharma Aspiration Prayer for the Dzogchen Lineage Internship

Supplementary Prayers

When you have extra positive thinking, energy and time, then please recite these supplementary prayers for the benefit of all sentient beings. For each of the 43 names below, use the format of prayer #1 by reciting the name followed by the rest of the prayer starting with “... please grant us your blessings! ...” etc.

1. Namo Buddha Shakyamunaye… please grant us your blessings!
   May Dzogchen Khenpo Choga Rinpoche have good health and long life.
   May his aspirations be fulfilled and Dharma activities be successful.
   May his students have the resources and time to practice Dharma.
   May his students diligently learn, contemplate and meditate on Dharma.
   May his students become Dzogchen Masters and benefit all sentient beings.
   May his students preserve and perpetuate the Dzogchen Lineage in all universes.
   May the Dzogchen Lineage Internship increase world peace and benefit all beings.
   Through the sincerity of my good intentions, the immeasurable power of all Buddhas, the holy truth of all Dharmanas and the boundless merit of all Sanghas, may these virtuous aspirations swiftly be fulfilled, swiftly be fulfilled, be fulfilled.

2. Namo Guru Padmasambhava…
3. Namo Prahevajra…
4. Namo Shri Singha…
5. Namo Nagarjuna…
6. Namo Asanga…
7. Namo Chandrakirti…
8. Namo Shantideva…
9. Namo Dharmakirti…
10. Namo Vimalamitra…
11. Namo Shantarakshita…
12. Namo Rongzom Chokyi Zongpo…
13. Namo Rangzom Mahapandita…
14. Namo Kunkhyen Longchen Rabjam…
15. Namo Dzogchen Padma Rigdzin…
16. Namo Rigdzin Jigmed Lingpa…
17. Namo Gyaltse Zhenpen Thaye…
18. Namo Paltrul Jigme Chowang…
19. Namo Mipham Shoklay Namgyal…
20. Namo Khenchen Padma Tsewang…
21. Namo Drubchen Chatral Chochyab…
22. Namo Medicine Buddha…
23. Namo Long Life Buddha…
24. Namo Amitabha…
25. Namo Vajrasatva…
26. Namo Vajriklaya…
27. Namo Hayagriva…
28. Namo Avalokiteshvara…
29. Namo Manjushri…
30. Namo Vajrapani…
31. Namo Maitreya…
32. Namo Arya Tara…
33. Namo Dorje Phagmo…
34. Namo Singhamukha…
35. Namo Kurukulle…
36. Namo Sarasvati…
37. Namo Mandarava…
38. Namo Yeshe Tsogyal…
39. Namo Mahakala…
40. Namo Ekadzati…
41. Namo Rahula…
42. Namo Dorje Legpa…
43. Namo Dzambhala…

Written by His Eminence Dzogchen Khenpo Choga Rinpoche on September 17, 2007 in San Diego, USA
with contributions by the San Diego Dzogchen Sangha.