

Heartfelt Dharma Aspiration Prayer for the Dzogchen Lineage Internship

Main Prayer

Namo Buddhaya, Namu Dharmaya, Namu Sanghaya
Namo Guru, Dewa, Dakiniya

For the benefit of all sentient beings;
for the true happiness of all beings;
for the sake of world peace;
for the preservation of the Dzogchen Lineage;
and especially to decrease my negative thinking, negative karma, negative conduct,
negative attitude, negative actions and suffering;
and to increase my positive thinking, positive karma, positive conduct,
positive attitude, positive actions and happiness;
I will joyfully practice this Heartfelt Dharma Aspiration prayer.

Namo Kind Root Master embodiment of all Buddhas
Please grant us your blessings
Namo Buddhas, Dharmas and Sanghas of all directions
Please grant us your blessings
Namo Gurus of the three Dzogchen Lineages
Please grant us your blessings
Namo Dewas of the four precious Tantras
Please grant us your blessings
Namo Dakinis of the three sacred realms
Please grant us your blessings
Namo Bodhisattvas of all directions
Please grant us your blessings
Namo Arhats of all directions
Please grant us your blessings
Namo Dharmapalas of all directions
Please grant us your blessings
Namo Lokapalas of all directions
Please grant us your blessings

May Dzogchen Khenpo Choga Rinpoche have good health and long life.
May his aspirations be fulfilled and Dharma activities be successful.
May his students have the resources and time to practice Dharma.
May his students diligently learn, contemplate and meditate on Dharma.
May his students become Dzogchen Masters and benefit all sentient beings.
May his students preserve and perpetuate the Dzogchen Lineage in all universes.
May the Dzogchen Lineage Internship increase world peace and benefit all beings.
Through the sincerity of my good intentions, the immeasurable power of all Buddhas, the
holy truth of all Dharmas and the boundless merit of all Sanghas, may these virtuous
aspirations swiftly be fulfilled, swiftly be fulfilled, be fulfilled, fulfilled.

Heartfelt Dharma Aspiration Prayer for the Dzogchen Lineage Internship

Supplementary Prayers

When you have extra positive thinking, energy and time, then please recite these supplementary prayers for the benefit of all sentient beings. For each of the 43 names below, use the format of prayer #1 by reciting the name followed by the rest of the prayer starting with "... please grant us your blessings! ..." etc.

1. Namó Buddha Shakyamunaye... please grant us your blessings!
May Dzogchen Khenpo Choga Rinpoche have good health and long life.
May his aspirations be fulfilled and Dharma activities be successful.
May his students have the resources and time to practice Dharma.
May his students diligently learn, contemplate and meditate on Dharma.
May his students become Dzogchen Masters and benefit all sentient beings.
May his students preserve and perpetuate the Dzogchen Lineage in all universes.
May the Dzogchen Lineage Internship increase world peace and benefit all beings.
Through the sincerity of my good intentions, the immeasurable power of all Buddhas, the holy truth of all Dharmas and the boundless merit of all Sanghas, may these virtuous aspirations swiftly be fulfilled, swiftly be fulfilled, be fulfilled, fulfilled.

2. Namó Guru Padmasambhava...	21. Namó Drubchen Chatral
3. Namó Prahevajra...	Chochoyab...
4. Namó Shri Singha...	22. Namó Medicine Buddha...
5. Namó Nagarjuna...	23. Namó Long Life Buddha...
6. Namó Asanga...	24. Namó Amitabha...
7. Namó Chandrakirti...	25. Namó Vajrasattva...
8. Namó Shantideva...	26. Namó Vajrakilaya...
9. Namó Dharmakirti...	27. Namó Hayagriva...
10. Namó Vimalamitra...	28. Namó Avalokiteshvara...
11. Namó Shantarakshita...	29. Namó Manjushri...
12. Namó Rongzom Chokyi Zongpo...	30. Namó Vajrapani...
13. Namó Rangzom Mahapandita...	31. Namó Maitreya...
14. Namó Kunkhyen Longchen Rabjam...	32. Namó Arya Tara...
15. Namó Dzogchen Padma Rigdzin...	33. Namó Dorje Phagmo...
16. Namó Rigdzin Jigmed Lingpa...	34. Namó Singhamukha...
17. Namó Gyaltsé Zhenpen Thaye...	35. Namó Kurukulle...
18. Namó Paltrul Jigme Chowang...	36. Namó Sarasvati...
19. Namó Mipham Shoklay Namgyal...	37. Namó Mandarava...
20. Namó Khenchen Padma Tsewang...	38. Namó Yeshe Tsogyal...
	39. Namó Mahakala...
	40. Namó Ekadzati...
	41. Namó Rahula...
	42. Namó Dorje Legpa...
	43. Namó Dzambhala...